## Disaster Relief Resources - District E

If you or someone you know has been impacted by a disaster, please use the following local resources for immediate assistance.

## North Sector

Organization	Phone	Services
St. Martha Catholic Church	281-358-6637	Food, clothing, limited financial aid
HAAM (Humble Area Assistance Ministries)	281-446-3663	Food pantry, rent/utility help, clothing
Society of Saint Stephen (Kingwood of United Methodist Church)	281-358-7722	Food, clothing, utilities assistance, medication assistance
Lone Star College Kingwood CARE (Community Assistance and Resources for Everyone)	832-813-6500	Food, clothing, housing, mental health, wellness, substance abuse, legal assistance, child care

## South Sector

Organization	Phone	Services
Interfaith Caring Ministries	281-332-3881	Food, clothing, emergency utility and rental assistance
Lighthouse Christian Ministries	281-339-3033	Food, clothing, emergency financial assistance (rent and utilities), educational and job placement assistance, medical and dental services
Galveston County Food Bank	409-945-4232	Food, assistance connecting to child care, job placement, family therapy, and healthcare
SERVE (for veterans)	281-317-0211	Food, clothing, toiletries, household supplies, and financial assistance

## General

Organization	Phone	Services
211 (United Help Way)	211 or 713-685-2300	Food, clothing, rent, utilities, basic needs, disaster recovery, financial stability
311 (City of Houston)	311 or 713-387-0311	Report urgent needs or connect to services
Houston Food Bank Helpline	832-369-9390	Food assistance referrals
Catholic Charities	713-526-4611	Food, clothing, rental assistance, emergency financial assistance, counseling, employment, legal assistance
American Red Cross	1-800-733-2767	Emergency shelter, financial assistance, disaster casework
Coalition for the Homeless	713-739-7514	Homeless services coordination
Harris Center for Mental Health Crisis Line	713-970-7000	24/7 mental health crisis support
Disaster Distress Helpline	1-800-985-5990	National disaster mental health support