

HOUSTON PARKS AND RECREATION DEPARTMENT

LIFEGUARD HIRING PROCESS

Lifeguards - \$16.00 / hour

- Must have excellent swimming skills; however, no experience as a Lifeguard is required

Headguards - \$18.00 / hour

- Six (6) months of minimum experience as a Lifeguard or Water Safety Instructor is required

Aquatic Center Supervisors - \$20.00 / hour

- Nine (9) months of minimum experience as a Lifeguard or Water Safety Instructor is required and a working knowledge of administrative, programming and Aquatic Center operation procedures impacting circulation systems

INCENTIVE PAY: **\$500 Incentive** to work throughout the summer (\$250 after the first two weeks of work if hired no later than June 30, and \$250 after completion of the last two weeks of the season).

STEP 1 – PRE-QUALIFY

- You must be at least 15 years old by the last day you take your lifeguard training, and present current government-issued picture identification (i.e., TDL, TID, or passport) upon arrival at the swim evaluation/training site.
- New applicants or those who did not work for HPARD last summer, **must successfully pass a Lifeguard Swim Evaluation for consideration**. Candidates must contact the Parks & Recreation Aquatics Office at **(832) 395-7129** to Schedule a Swim Evaluation.

Swimming Skills Evaluation:

1. Starting at the deep end of the pool, swim non-stop for 150 yards (Front-crawl and/or Breaststroke) -AND- Tread water in the deep end continuously for two minutes with arms crossed, using legs only -AND- Swim non-stop for 50 yards (Front-crawl and/or Breaststroke).
2. Starting at the shallow end of the pool, swim 20 yards to the deep end, retrieve a 10-pound object from the bottom of the pool (approx. 10 ft deep), return to the surface, kick on your back while controlling the object with both hands, return to the starting point, place the object on the side of the pool and climb out without using a ladder, within one minute and 40 seconds.

STEP 2 – APPLY

- All applicants who successfully completed **STEP 1** must apply online at: www.houstontx.gov/jobs
- Once you receive the email confirming that your online application was submitted successfully, please forward it to: Aquatics.Apps@houstontx.gov (write your first and last name on the subject line).

STEP 3 – LIFEGUARD CERTIFICATION

- Must pass American Red Cross Lifeguard Training offered/approved by HPARD Aquatic Administration each calendar year. Lifeguard Certification is offered through the Parks and Recreation Department for a **\$48.00** one-time payroll deduction fee when committing to work for the City of Houston during the summer (A \$295 Value). *Requires scheduling.

STEP 4 – PRE-PROCESSING

- You must pass criminal background check, physical, drug screening, and submit all the required processing documents to be eligible for employment. If under age 18, a written parental consent for Physical Examination and Drug Test is required. For **Vision Test**: If you have been prescribed corrective lenses, make sure to take them with you to your processing appointment (Location and time TBD).

STEP 5 – CONDITIONAL OFFER

- After you successfully complete all the requirements, a Houston Parks and Recreation HR representative will make you a conditional job offer, and according with your qualifications and positions availability, you will receive a call from a Regional Aquatic Manager with further instructions.

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HPARD 2025 SWIM EVALUATIONS AND LIFEGUARD TRAINING SCHEDULE

LOCATION:		PROPER SWIM ATTIRE REQUIRED!	
Texas Southern University-Natatorium Recreation and Wellness Center 3100 Cleburne, Houston, TX 77004		Appropriate swim attire is required (bathing suit/ swim trunks). Females should wear a one-piece swimsuit. NOTE: "Cotton clothing, basketball shorts, cutoff shorts, T-shirts, bikinis or thongs are not allowed".	
Swim Evaluation Schedule			
DATE	TIME	DATE	TIME
Friday 1/31/25	6:00 PM – 7:00 PM	Saturday 2/01/25	11:00 AM – 12:00 PM
Friday 2/07/25	6:00 PM – 7:00 PM	Saturday 2/08/25	11:00 AM – 12:00 PM
Friday 2/14/25	6:00 PM – 7:00 PM	Saturday 2/15/25	11:00 AM – 12:00 PM
Friday 2/21/25	6:00 PM – 7:00 PM	Saturday 2/22/25	11:00 AM – 12:00 PM
Friday 2/28/25	6:00 PM – 7:00 PM	Saturday 3/01/25	11:00 AM – 12:00 PM
Friday 3/07/25	6:00 PM – 7:00 PM	Saturday 3/08/25	11:00 AM – 12:00 PM
Friday 3/14/25	6:00 PM – 7:00 PM	Saturday 3/15/25	11:00 AM – 12:00 PM
Friday 3/21/25	6:00 PM – 7:00 PM	Saturday 3/22/25	11:00 AM – 12:00 PM
Friday 3/28/25	6:00 PM – 7:00 PM	Saturday 3/29/25	11:00 AM – 12:00 PM
Friday 4/04/25	6:00 PM – 7:00 PM	Saturday 4/05/25	11:00 AM – 12:00 PM
Friday 4/11/25	6:00 PM – 7:00 PM	Saturday 4/12/25	11:00 AM – 12:00 PM
Friday 4/25/25	6:00 PM – 7:00 PM	Saturday 4/26/25	11:00 AM – 12:00 PM
Friday 5/02/25	6:00 PM – 7:00 PM	Saturday 5/03/25	11:00 AM – 12:00 PM
Friday 5/09/25	6:00 PM – 7:00 PM	Saturday 5/10/25	11:00 AM – 12:00 PM

Lifeguard Certification Training Schedule (*Blended Learning)	
IN-PERSON/SKILLS DATES	TIME
Course # 1 – LGI Class (Returning Guards Only) - Feb 7, 8 & 9	Friday: 6:00 pm – 10:00 pm Saturday & Sunday: 9:00 am – 6:00 pm (Sat & Sun one-hour lunch on your own)
Course # 2 – Review Class (Returning Guards) – Feb 14, 15 & 16	
Course # 3 – Review Class (Returning Guards) – Feb 21, 22 & 23	
Course # 4 – Review Class (Returning Guards) – Feb 28, March 1 & 2	
Course # 5 – New & Returning Guards – March 7, 8 & 9	*Blended learning combines online learning with on-site skills sessions where you will practice skills and demonstrate competency. You MUST complete your online sessions PRIOR to attending the in-person training.
Course # 6 – New & Returning Guards – March 21, 22 & 23	
Course # 7 – New & Returning Guards – March 28, 29 & 30	
Course # 8 – New & Returning Guards – April 4, 5 & 6	
Course # 9 – New & Returning Guards - April 11, 12 & 13	
Course # 10 – New & Returning Guards – April 25, 26 & 27	
Course # 11 – New & Returning Guards – May 2, 3 & 4	
Course # 12 – New & Returning Guards – May 9, 10 & 18	